

Sprout Kids Academy - **Week 4 Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal Apple Slices Milk	Cherry Strudel Bites Milk	French Toast Banana Milk	Smoothie Whole Grain Toast Milk	Cinnamon Roll Bites Oranges Milk
Lunch	Goulash Mixed Veggies Pears Milk	Chicken Nuggets Mashed Potatoes Pineapple Milk	Grilled Cheese Tomato Soup Blueberries Milk	Hamburger with Bun French Fries Banana Milk	Enchiladas Lettuce Grapes Milk
Afternoon Snack	Bagel & Cream Cheese Banana Water	Seasoned Pretzels Apple Slices Water	Veggies Veggie Dip Water	Cheese & Salami Crackers Water	Graham Crackers String Cheese Water