

## Sprout Kids Academy - **Week 1 Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal Banana Milk	Grape Filled Crescent  Milk	Bagel & Cream Cheese  Oranges Milk	English Muffin with Jelly  Banana Milk	Frudel  Milk
Lunch	Spaghetti Corn Grapes Milk	Popcorn Chicken Mixed Veggies Oranges Milk	Tater Tot Casserole Green Beans Applesauce Milk	Quesadilla Carrots Pineapple Milk	Sweet & Sour Chicken Rice Blueberries Milk
Afternoon Snack	Pretzels Apples Water	Ritz Crackers Cheese Water	Yogurt Animal Crackers Water	Baked Cinnamon Cheerios Apples Water	String Cheese Trail Mix Water